



Dear entrant

Firstly, a big thank you for entering the 'Round Table Run For It' fun run at Greenhead Park in Huddersfield. This is the second time that Brighouse Round Table has organised the men-only 5-kilometre charity fun run to raise funds for and awareness of cancers that affect men. Last year's event was a success and raised over £6000 for Cancer Research.

### **Why?**

We always felt a bit left out standing on the side lines as we supported our wives and partners at the women-only Race for Life events over the past few years. We thought it would be good if there were a similar event for men to give us the chance to raise money too.

### **Where will the sponsorship money go?**

All sponsorship money raised will go to Cancer Research UK. In the UK, a man is diagnosed with cancer roughly every 4 minutes. Prostate cancer is the most common cancer in men. Testicular cancer is relatively rare, but is the most common cancer in men aged 15 to 45. The money raised will help to support Cancer Research UK's vital work to prevent, diagnose and treat men's cancers.

### **What do I need to do now?**

Everything you need on the day is in the pack included with this letter. The pack contains your race number, back sign, rules for the fun run and your sponsorship form. Ask your friends, family, work colleagues - and anyone else you know - to sponsor you. Feel free to use the back sign to show the special reason why you're taking part in the fun run.

### **Do I have to run round the course?**

No! You can run, walk, or a combination of the two. Men of all ages and fitness levels are welcome. Any participants under 18 years of age must be supervised by a responsible adult.

### **Training sessions**

Kirklees based Sport4Life is offering training sessions for men who want to do some training before the event. For more details, please contact Mark

Middlemiss, Sport 4 Life Development Officer on 01484 234012 or [mark.middlemiss@kirklees.gov.uk](mailto:mark.middlemiss@kirklees.gov.uk)

### **Sponsorship money**

Return your sponsorship money with the enclosed sponsorship form. **We can only accept cheques.** Please make cheques payable to 'Cancer Research UK'.

There are two ways to do this

- Bring your cheque to the Round Table tent on 22 July. This can be post dated to allow you time to collect your sponsorship money
- Post your cheque to "Round Table Run For It, PO Box 80, BRIGHOUSE. HD6 3WB" after you have collected your sponsorship money. This should be done before Friday 28 September 2007

### **What time does the event start?**

There will be a warm up session starting at approximately 10.45. The fun run starts at 11.00. Remember to get there early!

### **How do I get further information about the event or Round Table?**

You can either write to the PO Box address above, email [runforit@brighthouse451.co.uk](mailto:runforit@brighthouse451.co.uk) or contact 07906 785173

Once again, thank you for taking part in this event. Remember to enjoy yourself on the day.

Yours sincerely

Nigel Watson  
Brighthouse Round Table